

Starting Seeds and Microgreens**

You need:

Seeds, peat pellet greenhouse, 2 peat pots, cheese cloth, rubber band.

You will also need a clean .5 litre to 1 litre jar (approximately, and a wide mouth is a little better).

Seeds:

Tomato

Broccoli for micro greens

BEFORE STARTING:

Soak your peat pellets with hot water. They will more than triple in size immediately. Let them cool.

In the jar, soak the broccoli seeds in about 1 inch of water, 1 to 2 hours before the program starts. About 1 tablespoon of seeds per 1 litre jar.

**If you did not get a kit from the library, you can find the Peat pellet greenhouses & peat pots at Dollarama. Seeds can be picked up at your local library, or you can purchase them wherever you usually buy seeds.

www.valleylibrary.ca

